

## DAVID AND GOLIATH

When God is for us, who can stand against us? Listen to the story of David and Goliath.

### Let's Get Started

**Episode Theme:** Worshiping God- God Calls His People.

1. [Philippians 4:13](#) says that we can do all things through him who gives us strength. Can you think of a time when God gave you strength to go through a difficult thing?
2. In the story of David and Goliath, David volunteers to do a very difficult thing. As you listen to this episode, think about why David was confident that he would succeed when no one dared to try.

### Memory Verse

“All those gathered here will know that it is not by sword or spear that the Lord saves; for the battle is the Lord’s, and he will give all of you into our hands.”

**1 Samuel 17:47**

### After You Listen

Nobody in Israel's army wanted to fight Goliath because it seemed too hard. Failure most certainly meant being killed by Goliath. But when David heard about Goliath, he didn't run away from it. For him, a teenage boy, defeating Goliath was not just hard; it was nearly impossible. Instead, David faced the giant and did the impossible; he won the battle for the Lord and for Israel.

You may not face battles as difficult as David's, but you always deal with hard things. Maybe it is a project at school or a chore at home. Maybe it is something even bigger, like telling a friend about Jesus or standing up for something you know is right. In the face of challenging problems, it is important to remember that God is always with you. He gives you strength when you need to do the difficult things he calls you to do.

Read more about David and the other things he did with God's help throughout the books of [1 Samuel](#) and [2 Samuel](#). Want to dig deeper and learn more about God-giving strength? Check out [Psalm 46:1-3](#), [Proverbs 18:10](#), and [Nehemiah 8:10](#).

### Challenge

Think about the hardest thing that you've ever had to do. Sometimes, we make things more difficult because we don't prepare well for them. Before his battle with Goliath, David prayed to God for help. When the time came, he took what he would need to defeat Goliath into the battle. The next time you face a severe challenge, take some time to pray to God for his help, perhaps even writing out your prayer, and then be prepared for what you must do.

### Take the Episode Quiz

**Question 1:** What animal did David have to fight to protect his father's sheep?

**Answer:** A Lion.

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**Question 2:** What was David taking to his brothers as they were on the battlefield?

**Answer:** Grain and bread for his brothers, and cheese for their commanding officer.

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**Question 3:** What did King Saul give to David to take into battle with him?

**Answer:** The king's armor and sword.

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**Question 4:** What did David take into battle instead of the things that King Saul gave him?

**Answer:** A sling and 5 stones.

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**Question 5:** Where did David hit Goliath with the stone from his sling?

**Answer:** In Goliath's forehead.

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