

## ADVENT: PEACE WEEK TWO

December 9, 2023

The four weeks leading up to Christmas are a special time for God's people to join in anticipation of Christ's birth. This time is called Advent.

Please click <u>here</u> if you would like complete instructions on the Advent candles.

Light the second Advent candle: Peace. This week, you would also light the candle from the previous week (Hope).



Have someone say, "This is the second week of Advent. We light the candle of hope from last week. Today, we light the candle of peace." Have someone light the candle of hope and then the candle of peace.

## Dig Deeper

- Talk about the devotion, <u>Promises and Peace.</u> You might use the prayer at the end of the devotion together.
- To learn more about the story of Mary and what peace means in the Bible read Luke 1:26-55
- Ask these questions: "What is one thing you are worried about or afraid of? How can other members of your family help you be at peace?" Allow each family member to answer the question, and then discuss what peace means to them. After the sharing time, say, "Let's find ways to show the peace in Jesus to everyone we meet this week."
- Share these Gifts of Kindness ideas and explore some ways you can give other people peace:
  - 1. Donate outgrown clothes.
  - 2. Make a get-well card for someone.
  - 3. Clean up your toys or room without being asked.
  - 4. Do a chore for someone without them knowing.
  - 5. Shovel a neighbor's driveway.
  - 6. Read a book to someone.
  - 7. Donate a book to a doctor's office waiting room.

- 8. Give high fives to a friend.
- 9. Donate socks and supplies to a homeless shelter.
- Listen to (or even sing!) a family-favorite Christmas carol about peace like "Hark the Herald Angels Sing." You can listen to an Advent playlist on Spotify. We also love "Waiting Songs" by Rain for Roots.

We pray that participating in Advent gives your family a deep anticipation for Christmas. May God bless you during this special season.

Want to do a deep dive? Check out *Family Fire*'s articles <u>Encountering the Prince of Peace</u> and <u>Bring Peace</u> to Those Around You.

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