

## DEVOTIONS FOR KIDS AND PARENTS ON TECHNOLOGY

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Children today are the first generation to grow up surrounded by technology. Computers, tablets, smartphones, AI, and more define the way our world works and how we communicate. While technology offers many benefits, it also has downsides. How can we build intentional relationships in a digital world???

Technology, while allowing us to connect more than ever before, can also leave us feeling lonely or questioning our self-worth when we compare our lives to those of others. How can we help our children cultivate a healthy relationship with technology while also understanding the importance of genuine connections?



The devotions below explore themes of technology, self-worth, social media, and being wise online. They also serve as a reminder that, above technology (and all else), the center of our lives should be our relationship with God. You can listen to these devotions on our website or your favorite podcast platform.

**[Feeling Like Enough:](#)** No matter what social media conveys, we can always remember that, as children of God, we are enough.

**[How Can I Use the Internet Wisely?](#)** By cultivating wisdom, we can be a positive Christian presence online.

**[Connecting Like Jesus in a Digital World:](#)** We can use technology for good by following Jesus' example of connecting and building relationships.

**[Rest and Recharge: Following Jesus' Example in a Digital World:](#)** We can follow in Jesus' footsteps by balancing our use of technology with intentional rest.

*Kids Corner* is a place for your children to discover their roles in God's big story and learn how God calls them to live out their Christian faith every day! Subscribe to receive weekly *Kids Corner* [children's devotions](#) in your email (see below). You'll find lots more [audio Bible Stories](#). And don't miss the fun with our classic "[Liz & Friends](#)" podcast or our "[Kids in Action](#)" videos to see the amazing things kids are doing for God's kingdom right now. We also have ebooks, crafts, and other downloads to help enhance your child's exploration of God's big story.

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