

## COURAGEOUS TWISTS AND TURNS

March 28, 2026

### Bible Readings

Take a few minutes to read the Bible verses listed and ask the Holy Spirit to lead you in how this verse applies to you this week.

Matthew 26:36-46

### Memory Verse

Be brave and strong! Don't be afraid of the nations on the other side of the Jordan. The Lord your God will always be at your side, and he will never abandon you.

Deuteronomy 31:6



# CASEY'S DAY

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Have you ever been to a carnival or amusement park? Sometimes we feel that twisty, nervous feeling in our stomach when waiting in line for a big ride. One day, a boy named Micah and his dad were waiting in line for one of these rides. It was a long wait, and an even longer waterslide, but once they reached the top... Micah froze.

"I'm scared!" Micah said. "I can't do it!"

That's when his dad reminded him, "Being brave doesn't mean you're not scared. It means you do the scary thing even though you're scared. Do you still want to try?"

Micah wasn't sure at first, but then he took another look at the slide and the tube he and his dad would be sharing on the way down. "Okay, I will try!" Micah said.

Did you know that Jesus was brave too? Before he died on the cross, Jesus went to a quiet garden to pray. He knew something really hard and painful was about to happen. He was scared. He even asked God if there was another way. But then he said something really brave: "Not what I want, but what you want."

Jesus was brave. Even though he was scared, he trusted God and did what was right.

You can be brave too! When you're nervous about doing something new at school, talking to someone different, or standing up for what's right (even when it's hard!), remember this: God is with you. Just like God helped Jesus, he will give you strength too.

## Prayer

Dear God, thank you for always being with me. Help me to be brave like Jesus, even when I'm scared. Give me the strength to do what is right. Amen.

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*written by Brian Clark*

<https://kidscorner.net/devotions/courageous-twists-and-turns>  
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