

DAILY GRATITUDE

November 18, 2023

Bible Readings

Take a few minutes to read the Bible verses listed and ask the Holy Spirit to lead you in how this verse applies to you this week.

Psalm 118

Memory Verse

²⁴ This day belongs to the ! Let's celebrate and be glad today.

Psalm 118:24



CASEY'S DAY

written by Ron Vandenburg
illustrated by Chad Thompson



Take a moment to try this exercise: In five seconds, name five things that you are thankful for. Ready? Three... two... one... go!

How did it go? It's okay if you had trouble coming up with five things. Remember, the Bible tells us to be thankful. Why? Because being thankful helps us to see God at work in our lives every day. Gratitude gives joy to both God and us!

Every day is a new day that God made for us. And each new day brings many things that we can be thankful for. From the start, it's also good to remember, others might not enjoy the same privileges that we have.

When the morning starts, thank God for your breakfast and your "daily bread." Throughout your day, thank God for the friends that you get to play with. Thank God for your family.

It's easy to be thankful when we are happy. But we're not always happy, right? Maybe you've had a fight with a friend or with your parents. Sometimes, we get sad or mad, and it's difficult to be thankful. This is when we need to remember Paul's words in 1 Thessalonians 5:16-18, "Rejoice always, pray continually, **give thanks in all circumstances**; for this is God's will for you in Christ Jesus." And other times, we miss our opportunities to show gratitude because we're going too fast or not looking carefully. Big or little, it doesn't matter. Everything is a blessing from God. So let's remember to say, "Thank you, God."

As you wake up in the morning and as you go to bed at night, take a moment to thank God for all the things you are grateful for in your daily life. Remember, nothing is too big or small. By thanking God regularly, we are reminded of his goodness and can rejoice and be glad.

Prayer

Dear God, thank you for creating me and everything in the world. Please help me to be thankful when I wake up and when I go to bed. Help me to say "thank you" for all the blessings in my life. Amen.

written by Julia Gho

<https://kidscorner.net/devotions/daily-gratitude>
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