

## FEELING LIKE ENOUGH

January 20, 2024

### Bible Readings

Take a few minutes to read the Bible verses listed and ask the Holy Spirit to lead you in how this verse applies to you this week.

1 Corinthians 12:12-27

### Memory Verse

<sup>28</sup> We know that God is always at work for the good of everyone who loves him. They are the ones God has chosen for his purpose, <sup>29</sup> and he has always known who his chosen ones would be. He had decided to let them become like his own Son, so his Son would be the first of many children.

Romans 8:28-29



# CASEY'S DAY

written by Ron Vandenburg  
illustrated by Chad Thompson



Do you ever compare yourself to your siblings or friends? Maybe your brother is better than you at baseball, or your best friend is a math whiz. It's easy to compare ourselves to others and end up feeling disappointed. Especially today, when people post so many photos of their lives online, it can be hard to feel good enough.

Here's the good news: as a child of God, you are always enough! Our culture is good at telling us that we aren't enough: that we aren't pretty enough, or smart enough, or fast enough. But Romans 8 reminds us that God loved each of us so much that he decided to let us become like Jesus, his Son, so that we could *all* be his children. God created each of us as whole, complete people with unique features, skills, and personalities. He sent the Holy Spirit to work within each of us to help us share our love and faith with others.

Maybe your best friend loves to speak in front of people, but you are shy and enjoy writing instead. Don't think of yourself as less than your friend; instead, use your talents together! You could create a play together and use each of your unique talents to share God's love. This week, try to notice your own special skills instead of comparing yourself to others. Compliment your friends and family on their talents. If you feel disappointed in yourself, make sure to talk to your parents. Download and print our [Image Bearer Picture Frame](#) and hang it in your house as a reminder of your worth. Recite Romans 8:28-29 together, and remember that you are chosen, a child of God, created in love, and you will always be enough!

## Prayer

God, help me remember that I am your child, made in your image, and created with love. Guide me to use my unique skills to serve you and others. Amen.

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*written by Rachel Syens*

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