

HELPING HANDS. HUMBLE HEARTS

June 13, 2021

Bible Readings

Take a few minutes to read the Bible verses listed and ask the Holy Spirit to lead you in how this verse applies to you this week.

1 Corinthians 12:12-20

Memory Verse

4 Care about them as much as you care about yourselves

Philippians 2:4



CASEY'S DAY

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illustrated by Chad Thompson



Think about a time when you needed help. Maybe you were doing a job with your family and had to pick up something heavy. Or perhaps you were riding the city bus for the first time by yourself and were scared you might miss your stop. We all need help at times!

When have you been asked *to be* the helper? God reminds us in Philippians 2:4 to look for ways to help others. What would you do if your sister asked for help with a craft? What if you ended up doing more of the work because your fingers handle glue and glitter better than hers? What if helping her meant you missed the chance to go to the park with friends? You might feel frustrated.

Our feelings of frustration are very real feelings, but when you choose to help someone, you are letting God take over your hands and heart. It can be a hard choice, but when we make time to help others, it is a good choice.

Amazingly, when we help others, we also learn about community. Community means living and working together, taking care of each other. God's great design includes all of us fitting together. No one has to be alone!

There may be times when you might not know how to help others. When you see people who seem stronger and smarter than you, you might wonder what *you* can offer. Trust that God will show you ways to help, through your hands in doing or your heart in loving.

Prayer

God, thank you for creating me as part of your amazing world. Help me to find ways to be helpful to others. Amen.

written by Sara Pot

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