

## THINKING GOOD THINGS

September 10, 2022

### Bible Readings

Take a few minutes to read the Bible verses listed and ask the Holy Spirit to lead you in how this verse applies to you this week.

Philippians 4:4-8

### Memory Verse

"Finally, my friends, keep your minds on whatever is true, pure, right, holy, friendly, and proper. Don't ever stop thinking about what is truly worthwhile and worthy of praise." (CEV)

Philippians 4:8



# CASEY'S DAY

written by Ron Vandenburg  
illustrated by Chad Thompson



When you looked in the mirror this morning, what did you think? Maybe you felt pretty good about what you saw, or maybe all you could see were flaws. What thoughts about yourself fill your mind each day?

Today's verse encourages us to think about what is *true*, *pure*, *right*, *holy*, *friendly*, and *proper*. We need to think about ourselves this way too! The Bible tells us that we are God's creation *and* his children. He's created us with purpose and planned good things for us to do ([Ephesians 2:10](#)). Throughout our lives, we also have important people, like our parents, who remind us that God made us special.

Sadly, lots of other voices tell us that we're ugly, dumb, or clumsy; that we weren't created by God, and that there's nothing special about us. Sometimes, we even say things about ourselves that are improper, unkind, and wrong.

When you face something hard, choose to listen to what is *truly worthwhile*. When you don't get along with someone else, choose to say something that is *worthy of praise*. Go to God's Word for direction and encouragement. Then hard things become possible, and you receive the courage to face difficult situations.

This week, listen to the helpful words of the people around you. Read God's Word today! Listen to thoughts that are *true, pure, right, holy, friendly, and proper*. They are the ones that remind you that God has a plan for you. Capture those thoughts, and hold them inside your head. You are God's creation, and that's an idea worthy of praise!

## Prayer

God, thank you for your holiness and goodness. Please help me to think about myself as your creation. Help me listen to the good people in my life. Thank you for the Bible that I can read every day. Amen.

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*written by Albert Kok*

<https://kidscorner.net/devotions/thinking-good-things>

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