

HOLD THE PHONE

Liz has lost his phone, and now someone is using it to send strange text messages to his friends. What can he do?

Let's Get Started

Episode Theme: The power of words.

1. How can conversations be “seasoned with salt”? Being “salty” can mean a lot of different things. A person can be called “salty” if they are annoyed or upset. “Salty language” can mean crude or offensive talk. Salty can mean good things too. What do you know about what salt does? How can you make your words “salty” in a positive way?

2. Words are important to God. In [John 1:1-18](#), Jesus is called the Word of God. Through the Word, God created everything . Then God shared that Word by sending Jesus to earth. Jesus, the Word of God, brings with him grace: love even to those who don't deserve it. Do your words show grace? Your words can build up or tear down. Think about the words you use as you listen to today's program.

Memory Verse

⁶ Be pleasant and hold their interest when you speak the message. Choose your words carefully and be ready to give answers to anyone who asks questions.

Colossians 4:6

After You Listen

“Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone” ([Colossians 4:6](#)). Before people had refrigerators and freezers, they needed a way to store food and make sure it would be safe to eat. How did they do that? With salt. Someone, a very long time ago, discovered that salt rubbed into food (like meat) would preserve the food in a safe way. It also made it taste better!

Why does Paul tell us to season our conversation with salt? He means that our words should be tasty and delightful to people who may hear them. Our words can also be used as a preservative—to build and to strengthen relationships. Do your words build up people around you? Does your conversation reflect that Jesus lives in your heart? The next time you talk to someone in person or through technology, remember Paul's advice: let your conversation be full of grace and seasoned with salt!

Want to dig deeper and explore what scripture says about our words? Check out [Proverbs 12:25](#), [15:1](#), [25:11](#), [16:24](#).

Challenge

Make a list of all the ways your family communicates with each other and with others (talking, notes, pictures, phones, email, texting, apps, social media, etc.). Which are most used for building each other up? Which are often used for tearing people down? Have each family member pick a method of communication and use it to encourage people throughout the week.

Take the Episode Quiz

Question 1: What did Liz lose?

Answer: His cell phone.

Question 2: Who found it?

Answer: Scooter.

Question 3: What did that person do with it?

Answer: He sent text messages to Liz's friends and enemies.

Question 4: What did he say about Lucille?

Answer: He called her a "preachy goody goody."

Question 5: Who helped defend Liz from the angry mob?

Answer: Granny Gekko's garden club.
