

HOMEWORK ALERT

What scares you the most? What do you do when you're afraid? See how Liz and the gang deal with their greatest fears.

Let's Get Started

Episode Theme: I will not be afraid.

1. What do you do when you are afraid? Do you worry? Do you run or hide? Do you refuse to take risks? [Psalm 56:3-4](#) encourages us to do something else: trust God. What things are you afraid of?
2. People can react to the same experience in different ways. In [Numbers 13:25-14:9](#), Joshua and Caleb returned from scouting the promised land with ten other spies. They all saw wonderful blessings, but also terrifying people who lived in strong cities. The other ten spies told all the people that there was no way that they could defeat the inhabitants of Canaan, but Caleb encouraged the people to trust God. Even though all the spies saw the same scary thing, only Caleb and Joshua overcame their fear. As you listen to this episode, think about what you do to overcome your fears.

Memory Verse

⁴ but even when I am afraid, I keep on trusting you.
Psalm 56:4

After You Listen

In this episode Liz and his friends have to face their fears.

We all feel fear. Sometimes fear is a gift—something that warns us of danger and keeps us on our guard. But that's not the kind of fear Liz and his friends were dealing with in this episode. They faced more common fears: fear of the unknown, fear of a new challenge, or fear of punishment. Are any of those your fears?

Caleb and Joshua faced the fear of the unknown and the fear of a new challenge. They saw the powerful people in the land of Canaan, and they didn't know how they would be able to defeat them. But they remembered that God had performed miraculous acts for the Israelites before. Thinking about God's faithfulness in the past helped Caleb and Joshua overcome their fear and focus on the good things in store for them in the promised land ([Numbers 14:6-9](#)). Remembering God's faithfulness to you is a great way to put your fears in perspective and focus on the blessings in store for you.

Want to dig deeper and learn more about how God helps us through our fears? Check out: [Joshua 1:9](#), [Deuteronomy 7:19](#), and [Isaiah 43:1](#).

Challenge

As [Psalm 23](#) reminds us, "Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me." As a family, commit to memorizing all of Psalm 23. Put a copy on the fridge and in the bathroom. Recite part of it before dinner every night. Recite it before you go to bed. How long will it take you to learn it all?

Take the Episode Quiz

Question 1: What was Scooter's greatest fear?

Answer: Going to the principal's office.

Question 2: Why was Liz afraid?

Answer: Going to the dentist.

Question 3: What made Spike so afraid?

Answer: Speaking in front of a group of people.

Question 4: What does Granny say is the difference between being afraid and being fearful?

Answer: Being afraid is a feeling. Being fearful is an action because you let your fear control you.
