

KIDNAPPED: PART 2

Faraway from home, Liz has to discover a way to escape from his kidnapers.

Let's Get Started

Episode Theme: God the stronghold.

1. [Psalm 27:1](#) says, "The LORD is my light and my salvation—whom shall I fear? The LORD is the stronghold of my life—of whom shall I be afraid?" What does it mean that God is a "stronghold"?
2. In [1 Samuel 23](#), David is on the run from Saul. Saul wants to kill David because he is jealous of David. But David finds refuge in strongholds in the wilderness and he finds strength in God. Think about David's trust in God as you listen to today's program.

Memory Verse

The LORD is my light and my salvation—whom shall I fear? The LORD is the stronghold of my life—of whom shall I be afraid?

Psalm 27:1

After You Listen

In this episode, Liz uses his strength from God to talk to his kidnapers. Have you ever felt attacked? Hopefully you will never experience kidnapping like Liz! But you may feel attacked by unkind words or action from others. Where do you consider a safe place when you feel attacked like this? Where do you feel loved and accepted? It may be your home or a friend or relative's home. Or it may be your school or church.

Having a safe place like this is good. But you also have a safe place in Christ. The memory verse calls the Lord a "stronghold." A stronghold is a strong place where you are safe. It's a place where you can hide from your enemies. It protects you when you are under attack. You don't ever face scary things alone! Ask others to pray for you. Tell God that you are scared. When you tell God, he promises to be with you. And that's enough to drive away any fear!

Want to dig deeper and learn more about being a God-worshiper? Read [Isaiah 41:10](#), [Joshua 1:9](#) and [John 14:27](#)

Challenge

What are some ways you worship God when you are worried or scared? Soldiers used to use shields to protect them in battle. They often painted things that were important to them on their shields. They used different colors to show things like truthfulness and peace. They used animals to show things like courage or joy. They used other symbols (cross, heart, star,) to tell more about themselves.

God is our strength and shield and you can worship him even when you are scared. God will never leave you alone. Find a printable shield online or cut one of your own from paper. Divide your shield into sections. Think about how you will worship God in all times. Draw symbols and write words that represent your faith in him. Ask your family members to guess what they mean. Then, share your ideas with them.

Take the Episode Quiz

Question 1: Where do the kidnappers keep Liz?

Answer: In the basement of their house.

Question 2: What did Liz find in the basement?

Answer: A lot of dusty furniture and a phone.

Question 3: How did Liz trick Neall into telling him the address?

Answer: By calling him and pretending that he was a radio game show host offering him a prize.

Question 4: Why did Liz hide from the garda when they searched the kidnappers home?

Answer: Liz wanted to talk the kidnappers into turning themselves in.
