

## LAW AND ODOR

Liz has been asked to defend someone who is in big trouble at school. How can he speak up for someone who can't defend himself?

### Let's Get Started

**Episode Theme:** Sticking up for me.

1. [Proverbs 31:8](#) talks about “those who cannot speak for themselves.” Why would some people not be able to speak up for themselves?
2. The Old Testament book of Ruth tells the story of Ruth and her mother-in-law Naomi. Neither of them was important in their village. Naomi was a widow, and Ruth was from another country. They needed to pick up extra grain in local fields to earn money. This was dangerous work for a woman, because the men in the fields would bully her. In [Ruth 2](#), Ruth picks grain in the field of a farmer named Boaz. He sticks up for her by telling his workers not to bother her while she works. Have you ever seen someone who was being bullied? What did you do?

### Memory Verse

<sup>8</sup> But you must defend those who are helpless and have no hope.

**Proverbs 31:8**

### After You Listen

In today's episode, Liz sticks up for someone who no one else would help.

In the Old Testament, Moses tried to help an Israelite slave, but ended up killing a man and running for his life. After that, he became a shepherd, got married, and had two sons. Life turned out pretty good for him. Then God asked him to go back to his previous life to rescue the Israelite slaves.

He could have told God, “Sorry, that's not my problem. I tried to help once, and it blew up in my face.” But even though he was nervous, Moses said, “Yes, I'll help,” and stood up in Pharaoh's court to tell the king to let God's people go [[Exodus 3-4:23](#)].

In Moses' story, there are three kinds of people: bullies, victims, and bystanders. Pharaoh is the bully, the Israelite slaves are the victims, and Moses is the bystander. Moses had to choose whether or not to help the Israelites. Moses made the right choice—he stood in front of the slaves and took on the bully named Pharaoh. Of course, Moses wasn't alone. Every step of the way, God was there, directing and encouraging him.

A time might come when you find yourself a bystander when someone else is being bullied. When that happens, ask God for the courage to be a Moses—to step up and defend the victim. The good news is that God is stronger and smarter than any bully—and he will gladly stand with you to direct you and to encourage you—just ask Moses!

Want to learn more about sticking up for someone else? Check out [Proverbs 31:8-9](#), [Isaiah 1:17](#), and [Psalm 82:3](#).

## Challenge

Is there someone in your school who is being bullied or harassed by other kids? Are they all alone without anyone on their side? Is someone you know being blamed for something he or she didn't do? How can you speak up in their defense?

## Take the Episode Quiz

**Question 1:** Who was blamed for the stink bomb at Reptarium Middle School?

**Answer:** Newt

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**Question 2:** What connected this person to the crime?

**Answer:** His school ID badge

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**Question 3:** This person asks Liz for help. What does he ask Liz to do?

**Answer:** Defend him so he won't be expelled

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**Question 4:** Why does Liz decide to help him?

**Answer:** Because Newt has no one else to stick up for him

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**Question 5:** Who did set off the stink bomb?

**Answer:** Phil

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