

NEED A HAND?

Most of us like to think we can do things on our own. But a little help can be a big help sometimes. Liz and his friends learn to give—and receive—help from each other.

Let's Get Started

Episode Theme: Helping Hands

1. [Galatians 6:2](#) tells us to offer each other a helping hand. Why should we do this? Isn't it better if everybody just does his own thing and lets others do theirs?
2. One day, Jesus was teaching the people in a house in Capernaum. So many people came to hear him that there was no room for more, inside or outside. Some men had brought their paralyzed friend to be healed by Jesus. But they couldn't get their friend anywhere near the Savior. The crowd in the house wouldn't move, and the men couldn't carry the paralyzed man through the door ([Mark 2:2-12](#)). There was only one way to get him to Jesus. They carried him up on the flat roof of the house and made a hole. They lowered their friend on the mat he was lying on until he was lying on the floor next to Jesus. When Jesus saw the man, he not only healed him, but he forgave his sins! As you listen to this episode, think about how you can help others who need a hand.

Memory Verse

"You obey the law of Christ when you offer each other a helping hand."

Galatians 6:2

After You Listen

In this episode, Miss Wattle gives Liz and his friends a challenge—buy a candy bar at the mall. But each of them is also given a challenge to deal with while they complete their assignment.

In [1 Corinthians 12:12-20](#) the apostle Paul uses the human body to explain how we should work together. The eye has one job, the ear has another job and the hands and feet have their jobs. The eye can't be an ear. And a foot can't be a hand. But the body won't work well unless it has all of them and all of them are doing their parts.

Each of us has talents and abilities we can use to help others. All those who trust in Jesus are called the Body of Christ. The Body of Christ works best when everyone is doing their part. If you think you aren't important, or if you just want to do your own thing and not help, the Body of Christ won't work as well. It needs everyone, including you.

Want to dig deeper and learn about how we're supposed to help others? Check out [Deuteronomy 15:11](#), [Romans 12:13](#), and [Hebrews 6:10](#).

Challenge

This week, practice helping others. What one thing can you do better to help your family? If your parents are busy with work, volunteer to make dinner or take out the garbage or walk the dog. If your kid brother or

sister needs help with homework, jump in and help. Once you see how much your help is appreciated in your family, you can practice helping others outside your family.

Take the Episode Quiz

Question 1: Who is the new kid in Liz's class?

Answer: Matthew.

Question 2: What makes him different?

Answer: He is blind.

Question 3: What is "ice blocking"?

Answer: Riding a block of ice down a hill.

Question 4: What challenges are the kids given by Miss Wattle when they visit the mall?

Answer: Liz is "blind," Lucille is "deaf," and Skink is in a wheelchair.

Question 5: How do Liz and Matthew achieve their challenge?

Answer: They work together and ask for help when they need it.

<https://kidscorner.reframemedia.com/liz-and-friends/episodes/need-a-hand>

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