

## NERBLES AND NOOBLES

Space Troopers Liz Laserlight and Spike Starrunner have 17 minutes to save the planet Zot from destruction. Can their words and actions convince the Noobles and the Nerbles not to use their secret weapons?

### Let's Get Started

**Episode Theme:** The Importance of Kind Words

1. [Proverbs 11:17](#) says that those who are kind to others do a good thing for themselves. What are some ways that being kind to other people can make things better for you?
2. [James 3:5-6](#) uses the example of a forest fire that is started by a single spark. Forest fires can be very destructive. A fire in northern Wisconsin and Michigan in 1871 burned more than 6,000 square miles of forest. That's larger than the entire state of Connecticut. More than 1,500 people died. It was probably started because a lumberjack didn't put out the fire on which he'd cooked his dinner. A single spark from the campfire blew into the woods and grew into a huge fire. James says that our words can be like that spark. One wrong word at the wrong time can hurt somebody terribly. It can cause them to hate and attack us or others. It can make them depressed or angry. It might not seem like a big deal at first, but think about things others have said that have made you feel horrible. As you listen to this episode, think about how important it is to replace our mean words with kind ones.

### Memory Verse

"Those who are kind benefit themselves, but the cruel bring ruin on themselves"

**Proverbs 11:17**

### After You Listen

In this episode, Liz and Spike learn that the only way to stop a war of mean words is to use kind words instead.

Why are words so important? It's because words are the way we get to know other people. They are the way we discover how other people think and feel; they tell us what other people are really like. Words can make us feel wonderful, and they can make us feel miserable. And they can do the same thing to others when we use them.

Think about a time when you did something that made you really happy. Maybe you got an "A" on a test at school, or scored a goal in soccer. Maybe you wanted to help your mom so you did the dishes without being told. What if your parents, when they found out what you had done, had just said, "Who cares? It's no big deal!" How would that have made you feel? But what if they said, "Wow! That's great! We are so proud of you, and we love you." How would you feel then? The Bible says that the right words can even make our bodies feel better ([Proverbs 16:24](#)).

Want to dig deeper and learn more about the importance of kind words? Check out [Job 4:3-4](#), [Proverbs 25:15](#), and [Colossians 4:6](#).

## Challenge

For the next week, watch and see how the words you use make others feel. Carry a piece of paper and a pencil. On one side, mark a check when something you say makes someone happy or helps them in a hard time. On the other side, mark a check when something you say makes someone sad, angry or confused. At the end of the week, count up the checks on each side and see how you did. Think about how you can get better at using words that help others.

## Take the Episode Quiz

**Question 1:** Why were Liz and Spike imagining the space story?

**Answer:** They were helping Lucille write a science fiction story

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**Question 2:** What did the computer tell them when they screamed at take-off?

**Answer:** To grow up because they were Space Troopers.

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**Question 3:** How long had the war on Zot lasted?

**Answer:** 547 twiggie moons.

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**Question 4:** Where did General K'norf think Liz and Spike were from?

**Answer:** The Oyth Planet.

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**Question 5:** What were the Zot missiles filled with?

**Answer:** Insults: words of mass destruction.

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