

## NICE LIZARDS FINISH LAST

Liz is always the last one chosen for baseball at recess. What can he do to change things up?

### Let's Get Started

**Episode Theme:** Being God's Workmanship

1. [Psalm 139:14](#) says, “. . . and I praise you because of the wonderful way you created me. Everything you do is marvelous! Of this I have no doubt .” How are you made in God's image? What does this tell you about how valuable you are?

2. God knows you! And not just your name, but he knows absolutely everything about you. Isn't that an amazing thought? [Psalm 139](#) tells about all the little ways that God knows you. He knows when you are resting and working. He knows when you are playing and when you're eating. He knows when you leave and when you come home. He even knows your thoughts before you think them! God knows and cares about all the parts of your life and your coming and going. If he cares so much about you and your every moment of every day, then how much more will he care about the big stuff? It's amazing and wonderful to think that God is always with us. Think about how God knows you better than anyone else ever will as you listen to this episode.

### Memory Verse

<sup>14</sup> and I praise you because of the wonderful way you created me. Everything you do is marvelous! Of this I have no doubt.

**Psalm 139:14**

### After You Listen

In this episode, Liz wants to create a club to feel included.

How many people are in your family? In your school? In your country? Did you know that there are more than 7 billion people in the world? Do you ever wonder if God really knows you? Could God pick you out of a group of 7 billion people? Do you think that others notice you or value you? Often we look for things that will make us feel important in all the wrong places. Sometimes you might find your feelings of worthiness come from who your friends are, the clothes you wear, or maybe the electronic devices you have. But God's message in the Bible is that our value comes from our relationship with God. God created you in his image. God loves you. God gives you strength. Knowing this and believing and embracing it as the truth is where you will find your self-worth. And this self-worth is something that no one can take away ([1 Peter 2:9-10](#)).

Want to dig deeper about how much God loves you? Read [Matthew 10:29-30](#) and [Romans 8:26,34](#)

### Challenge

You are God's handiwork. It's amazing to think about that! Cut out a heart from paper. With washable markers or ink and a parent's permission, put your fingerprints all over the heart. Now think about how God's fingerprints are all over you! He made you and knows you. You are fearfully and wonderfully made! Write the words of [Psalm 139:14](#) on the heart: "I praise you because I am fearfully and wonderfully made". Use

these verses to help you the next time you feel unhappy because you are comparing yourself with someone else.

## Take the Episode Quiz

**Question 1:** What are the names of the two groups who are giving Liz trouble?

**Answer:** The Iguanas and the Sport-heads.

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**Question 2:** What game did they play in PE?

**Answer:** Dodgeball

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**Question 3:** What is the name of the club that Liz starts?

**Answer:** The Knights

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**Question 4:** What kind of club is it?

**Answer:** A Chess Club

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**Question 5:** What is the topic of the essay that Liz's class had to write?

**Answer:** Why Terrene is such a great place to live

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**Question 6:** What is the name of the magazine that gave an award to Liz for his essay?

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